

**Sedge Garden Recreation Center  
401 Robbins Road  
(336) 650-7694**

**Adults**

| <b>Program</b>                          | <b>Date</b>          | <b>Time</b>           | <b>Cost</b> |
|---|----------------------|-----------------------|-------------|
| Walking Club                            | Monday - Friday      | 9:00 a.m. - 9:30 a.m. |             |
| Sittercise                              | Monday & Wednesday   | 9:30am-10:00am        |             |
| Open Basketball                         | Monday - Friday      | 9:00am-11:00am        |             |
| Women's Basketball Night                | Monday               | 6:00pm-8:45pm         |             |
| Open Basketball (Night)                 | Wednesday & Thursday | 6:00pm-8:45pm         |             |
| Kernersville Quilters Quild             | 1st Monday           | 6:00pm-8:00pm         |             |
| Kernersville Quilters Quild Project Day | 2nd Monday           | 9:00am-3:00pm         |             |
| Pickleball                              | Monday               | 9:00am-12:00pm        |             |
| Pickleball                              | Tuesday              | 6:00pm-8:45pm         |             |

**Youth & Teens**

|                      |                    |               |                 |
|----------------------|--------------------|---------------|-----------------|
| After School         | Monday-Friday      | 2:00pm-6:00pm | \$15 per a week |
| Bobcats Cheerleading | Tuesday & Thursday | 6:00pm-8:30pm |                 |

**Special Interest**

|                              |                     |                                  |  |
|------------------------------|---------------------|----------------------------------|--|
| Carolina Costume Modelers    | 1st and 3rd Tuesday | 7:00pm-8:30pm                    |  |
| Tasty Treats                 | Thursday            | 12:30-1:30pm                     |  |
| AMPS Military Modelers       | 2nd Thursday        | 7:00pm-8:00pm                    |  |
| Broadbay Home Extension Club | 3rd Wednesday       | 1:00pm-3:00pm                    |  |
| Open Computer Lab            | Monday-Friday       | 9:00am-11:00am;<br>6:00pm-8:30pm |  |