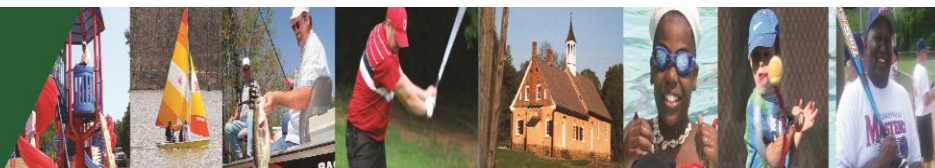


Winston-Salem Recreation and Parks



October -- 2019

Brown and Douglas Recreation Center

4725 Indiana Ave.

(336)

661-4987

NAME OF PROGRAM	DAY (S)	TIME (S)	ADDED DETAILS ABOUT PROGRAM
After School Care	Monday - Friday	2:30 pm - 6:00 pm	Call to Register. (336) 661-4987
Atkins Alumni	4th Monday and Tuesday	6:00 pm - 7:30 pm	Club/Organization.
Atkins Reunion	4th Tuesday	6:00 pm - 7:30 pm	Club/Organization.
Friends of Winston-Salem	1st Thursday	9:00 am-6:00 pm	Open to Public
Flag Football	Tuesdays & Thursdays	4:00 pm-5:30 pm	Please call to register
Greater Vision Dance Group	Monday-Thursday	6:00pm-8:00pm	Ages 5-9/10-15/13-18
Mentoring Young Minds	Mondays & Thursdays	4:00 pm - 6:00 pm	Open to Public
Outdoor Fitness Equipment	Monday-Friday	7:00 am - 8:00 pm	Open to Public. Children must be accompanied by an adult.
Walking Trail	Monday - Wednesday	9:00am - 6:00pm	Open to Public. Children must be accompanied by an adult.
Senior Lunch Program	Mon.-Wed.-Fri.	9:30 am-1:00 pm	Call to Register (336) 725-0907
Sittercise	Tuesday	11:00 am-12:00 pm	Open to Public
Soul Line Dance	Mondays	5:30 pm -7:30 pm	Open to Public
Line Dance	1st & 3rd Wednesdays	5:30-7:00	Open to Public
Taking Off Pounds (T.O.P.)	Thursday	6:00 pm-7:00 pm	Open to Public
Brownies Troop	Wednesday	6:00 pm-7:00 pm	
Girl Scouts	Thursday	6:00pm-7:00pm	
Winston-Salem Beauticians	1st Monday	10:00 am-12:00 pm	Call to Register. (336) 661-4987
BGR - Book Club	1st Monday	6:00pm - 8:00pm	Club/Organization
Craft Friday	Fridays	4:00pm-5:30pm	Open to public