



Memorandum

TO: City of Winston-Salem Retirees
FROM: Dr. Marquis H. Barnett, Human Resources Director ⁽¹²⁾
DATE: May 10, 2021
SUBJECT: Wellness Requirements and 2022 Plan Changes

**Human Resources
Department**

City of Winston-Salem
P. O. Box 2511
Winston-Salem, NC 27102
336.747.6807
FAX 336.748.3053
CityLink 311
(336.727.8000)
www.cityofws.org

Marquis H. Barnett
Director

Colleagues,

The Human Resources Department has recently reviewed the requirements for retiree participation in the City of Winston-Salem's wellness program and determined that retirees **will no longer have to complete wellness requirements** to participate in the wellness program.

RATES FOR THE REST OF 2021

Retirees who completed wellness requirements last year will continue enrollment at the wellness rate for the remainder of 2021. Retirees who did not complete wellness requirements last year will continue enrollment at the non-wellness rate for the remainder of 2021.

PLAN FOR 2022

Effective 1/1/2022, all retirees who enroll in the City's medical plans will be eligible to have certain maintenance medications with a \$0 copay under the City's value-based pharmacy benefit without having to complete wellness requirements. All retirees will pay the same rate for coverage and have access to the wellness benefits. While not required, we encourage retirees to take advantage of certain health benefits to support overall wellness goals including:

1. Wellbeing Assessment
2. Wellness classes and seminars
3. Healthy living conversations
4. Virtual coaching programs
5. Annual physicals
6. Preventive care screenings

More information regarding the plan structure and rates will be delivered in advance of annual enrollment this fall. In the meantime, if you have any questions please feel free to contact Human Resources staff at 336-747-6807 or humanresources@cityofws.org.

Thank you for your service to the citizens of Winston-Salem and I hope you are enjoying your retirement!

