Park Trivia

Answer to last month’s trivia question is... **Washington Park**! Land for this park was first acquired in 1892 and development on the park started in the early 1960’s. Today, there are 75 acres of land consisting of multiple ballfields, a basketball court, outdoor fitness center, dog parks, greenway access, picnic shelters, restrooms, and a dinosaur playground. Construction at Washington Park is ongoing and existing amenities (such as picnic shelters and restrooms) are currently being updated for citizens to use in the near future.

New trivia question:
Which Park has both an amphitheater and an outdoor fitness center?

Happy New Year!

Welcome to 2022! As we enter a new year, the City of Winston-Salem’s Recreation and Parks Department is excited to share our success from the previous year and unveil a variety of new activities and opportunities (and the return of some of our more popular events) that had a positive impact on our communities and participants. Please read on for a brief sampling of both.

Past 2021 popular events

Therapeutic Recreation had a popular Fall Walking Club that visited a different park or greenway each time. It was a great way to explore new parks and walking trails! They also hosted an Empowering Teen Mentoring Program that exposed teens to volunteering and had guests with helpful speeches and experiences to share with the teens.

Athletics continues to have popular sports leagues that run throughout the year. Recently, they finished their first track season at Happy Hill Park and are looking forward to hosting it again in the future.

Historic Bethabara Park hosted a new camp in July, Young Apprentices Program, where teens experienced hands-on learning about different occupations from olden times. Look for this camp to return next summer!

Recreation Centers had fun new programs such as Family STEM Night at Polo Park Community Center and Kids in the Kitchen (both virtual and in-person) at Sedge Garden Recreation Center. They also had a fun, interactive Facebook Live reading of Elf in December to get kids in the holiday spirit. In October, Trail of Treats made a triumphant return with 1,700 attendees!

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New 2022 events

Recreation Centers have fun new events starting up this month. Beginner Shag Dance lessons start at South Fork Community Center in January with intermediate classes beginning in February. Sedge Garden Recreation Center will host TOT time starting Jan. 6 for toddlers aged 2-4 years.

Old Town Neighborhood Center has a couple of new events. Designer Fitness will have information sessions on Jan. 4 & 11 with classes starting on Jan. 18. Also, on Jan. 21 there will be Box o’ Rama. Kids will build forts and then destroy them with dodgeballs.

Try to find your name in nature with Park Alphabet! Coming soon to a park near you.

New programs with Therapeutic Recreation start in February, but in the meantime, they are hosting a Senior Games kickoff party at Hanes Hosiery Recreation Center on Jan. 21.