

# PIEDMONT PLUS SENIOR GAMES (PPSG) LOCAL GAMES 2022 OFFICIAL ENTRY FORM

Thank you for participating in the 2022 Piedmont Plus Senior Games and SilverArts. We look forward to your participation in this celebration of fun, fellowship and fitness!

You may enter the Piedmont Plus Senior Games and SilverArts online by going to [torch.ncseniorgames.org](http://torch.ncseniorgames.org). You will be asked to create or provide your username and password if you haven't already. If you registered online previously the user name and password will be the same. This service is FREE at the local games for all athletes and artists. This same username and password can be used to register for the NC Senior Games and SilverArts.

As you prepare this Entry form, make sure you:

- Complete all the PERSONAL INFORMATION section.  
For doubles events, your partner's name is required.  
For team sports, your Team name is required.

THIS FORM IS COLOR CODED



Information for everyone



Information for athletes



Information for SilverArts

- CHECK ALL THE ACTIVITIES in which you want to participate.
- If you are participating in the Heritage, Visual or Performing Arts categories of SilverArts, you must submit the required SILVERARTS INFORMATION FORM with this Entry Form by Thursday, March 31st. If you are participating in athletics you must be registered by Thursday, March 31st, 2022.

SilverArtists will receive confirmation by email prior to Thursday, March 31. Athletes will receive confirmation by email Friday, April 1st. Those without email will be contacted by phone within 24 hours of the deadline. If you do not, you should contact Kevin Westrich at 336-727-2325 or Anna Marino 336-727-2313.

The Piedmont Plus Senior Games and SilverArts is committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regard to preparation for, and competition in, Senior Games or any similar activity.

Per NCSG rules a participant's age on December 31, 2021 determines the age category in which you will compete. Each participant must be prepared to provide proof of NC residency for a minimum of three consecutive months in 2021.

**All activities will be held in a tobacco-free environment.**

For SilverArtists this Entry Form must be received by 5:00pm on Thursday, March 31 or by 5:00pm, Monday, March 21st to meet the early bird deadline. For Athletes this Entry Form must be received by 5:00pm on Thursday, March 31st or by 5:00pm Monday, March 21st to meet the early bird deadline.

Printed or copied entry forms are accepted if completed properly if mailed to:

Winston-Salem Recreation & Parks Department  
ATTN: Piedmont Plus Senior Games  
2301 N. Patterson Ave  
Winston-Salem, NC 27105

I have read and understand the above registration information and understand that I must have a photo ID to check-in at all events each day. I have been a NC resident for a minimum of three consecutive months.

Signature Required: \_\_\_\_\_ (1 of 3)

Your signature is also required TWICE MORE on the back page of this packet (liability waiver and the State Finals Acknowledgement statement).

**This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored by the North Carolina Division of Aging and Adult Services.**



## EVENT AND PAYMENT INFORMATION

- \$ no fee    **Track Events**   
  100 M Dash     200 M Dash     400 M Dash     800 M Run  
                         
  50 M Dash     1500 M Run     5K Run     10K Run     1500 M Race Walk  
                         
  5K Race Walk     5K Power Walk     1500 M Power Walk

\$ no fee    **Swimming. Limit of six (6) events.**

<input type="checkbox"/> 100 yd IM	<input type="checkbox"/> 50 yd Breaststroke	<input type="checkbox"/> 50 yd Backstroke	<input type="checkbox"/> 50 yd Butterfly	<input type="checkbox"/> 50 yd Freestyle
<input type="checkbox"/> 200 yd IM	<input type="checkbox"/> 100 yd Breaststroke	<input type="checkbox"/> 100 yd Backstroke	<input type="checkbox"/> 100 yd Butterfly	<input type="checkbox"/> 100 yd Freestyle
<input type="checkbox"/> 400 yd IM	<input type="checkbox"/> 200 yd Breaststroke	<input type="checkbox"/> 200 yd Backstroke	<input type="checkbox"/> 200 yd Butterfly	<input type="checkbox"/> 200 yd Freestyle
				<input type="checkbox"/> 500 yd Freestyle

- \$ no fee    **Billiards**  
 \$ no fee    **Croquet**  
 \$ no fee    **Cornhole**  
 \$ no fee    **Horseshoes**  
 \$ no fee    **Petanque (SINGLES) (local games only)**

\$ no fee    **Shuffleboard**

\$ no fee    **Pickleball** (one player of each doubles team must be a resident of Forsyth or Stokes counties, please include rating)  
                         
  Singles     Doubles - Partner's Name (Required): \_\_\_\_\_  
                         
  Mixed Doubles- Partner's Name (Required): \_\_\_\_\_

\$ 5.00    **Mini-Golf**

\$ no fee    **Table Tennis**     Singles  
                         
  Doubles Partners Name: \_\_\_\_\_     Mixed Doubles - Partner's Name: \_\_\_\_\_

\$ no fee    **Tennis**     Singles  
                         
  Doubles - Partner's Name: \_\_\_\_\_     Mixed Doubles - Partner's Name: \_\_\_\_\_

### TEAM SPORTS

#### Required Information

- \$ no fee    **Chair Volleyball (local games only)** Team Name \_\_\_\_\_ Captain's Name \_\_\_\_\_  
 \$ no fee    **Basketball 3-on-3:** Team Name \_\_\_\_\_ Captain's Name \_\_\_\_\_  
 \$ no fee    **Softball Tourn:** Team Name \_\_\_\_\_ Captain's Name \_\_\_\_\_

### SILVERARTS

Please ensure that your SilverArts Identification Card is securely attached with delivery (Heritage/Visual). All categories EXCEPT Literary must submit SilverArts Information Form with entry. There is a limit of one entry per sub-category. Each entry must have been produced within the previous two years.

\$ no fee    **Heritage Arts:** Please see specific category requirements for compliance.  
 (# entries \_\_\_\_\_ )

- |   |                                     |  |   |                                      |
|---|-------------------------------------|--|---|--------------------------------------|
| <input type="checkbox"/> Basket Weaving | <input type="checkbox"/> Jewelry    | <input type="checkbox"/> Pottery           | <input type="checkbox"/> Rug                | <input type="checkbox"/> Weaving     |
| <input type="checkbox"/> China Painting | <input type="checkbox"/> Knitting   | <input type="checkbox"/> Quilting- Machine | <input type="checkbox"/> Stained Glass      | <input type="checkbox"/> Woodcarving |
| <input type="checkbox"/> Crocheting     | <input type="checkbox"/> Needlework | <input type="checkbox"/> Quilting- Hand    | <input type="checkbox"/> Tatting&Needlelace | <input type="checkbox"/> Woodworking |
|   |                                     |  | <input type="checkbox"/> Tole/Dec Painting  | <input type="checkbox"/> Woodturning |

\$ no fee    **Visual Arts:** Please see specific category requirements for compliance.  
 (# entries \_\_\_\_\_ )

- Acrylics     Drawing     Mixed Media     Oil     Pastels     Photography     Sculpture     Watercolor  
 Adult Coloring\* (Local Only)

\$ no fee    **Literary Arts: Must enclose literary submission with Entry Form (Presentation Copy + 3 Judge Copies) by Friday, March 11th.** Please see specific category requirements for compliance.  
 (# entries \_\_\_\_\_ )

- Essay (Title): \_\_\_\_\_     Life Experience/Memoir: \_\_\_\_\_  
 Poem: \_\_\_\_\_     Short Story: \_\_\_\_\_

\$ no fee    **Performing Arts** – Act Leader must fill out and enclose the SilverArts Performing Arts Information Form.  
**Only residents of Forsyth and Stokes Counties may participate in the PPSG performing Arts.**

\$ no fee    **Cheerleaders** - Head Cheerleader must enclose the group's SilverArts Performing Arts Information Form.  
**Only residents of Forsyth and Stokes Counties may participate in the cheerleading competition.**

\$    **Total amount enclosed**  
 Make check or money order payable to City of Winston-Salem.

# ETHNICITY, HEALTH INFORMATION AND LIABILITY WAIVER

Please provide this information to help us. It will be kept confidential. Thank you!

My ethnicity: \_\_\_\_\_ African American/Black \_\_\_\_\_ Asian; \_\_\_\_\_ American Indian or Alaska Native; \_\_\_\_\_ White;  
\_\_\_\_\_ Native Hawaiian of other Pacific Islander; \_\_\_\_\_ Hispanic; or \_\_\_\_\_ Unknown/Refused.

## HEALTH INFORMATION (Required of all Senior Games AND SilverArts participants)

To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.

Names of Medications: \_\_\_\_\_

Medical Conditions: \_\_\_\_\_

Allergies: \_\_\_\_\_

In case of emergency, please have this medical information and proof of insurance with you at all times.

## EMERGENCY CONTACTS

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Name of Personal Physician \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

## LIABILITY WAIVER

Amateur Athletic Waiver and Release of Liability, SilverArts Participant Waiver and Release of Liability

In consideration of being allowed to participate in any way in the **2022 Piedmont Plus Senior Games & SilverArts** programs, and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. I grant permission to the Piedmont Plus Senior Games the right to use my name and any photographs taken of me during the games, without remuneration.
2. The risk of injury from the activities involved in this program is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
4. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the City of Winston-Salem, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
6. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

### If I enter the Silver Arts program of the Piedmont Plus Senior Games:

I also certify that any literary and/or visual work I submitted is my original creation completed since April 2020. I grant permission to the Piedmont Plus Senior Games and /or North Carolina Senior Games, & SilverArts to publish my writing in any official games publication or any newspaper featuring SilverArts, and /or the right to use my name and any pictures taken of me during the games, without remuneration.

1. I assume responsibility for any necessary copyrights for performed work.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I UNDERSTAND AND CONSENT TO HAVE MY MEDICAL INFORMATION AVAILABLE TO MEDICAL PROVIDERS DURING THE GAMES.

I Have Read This Release

I Have Read This Release

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

(2 of 3)

\_\_\_\_\_  
Date Signed

**This Waiver MUST be signed and dated to process your registration.**

**FOR 2022 A COVID WAIVER FORM MUST ALSO BE COMPLETED.**

I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form with payment and all required items must be **received** in the NCSG office in Raleigh by 5:00pm on August 1<sup>st</sup>, 2022!  
I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

(3 of 3)

\_\_\_\_\_  
Date Signed