POOL RULES

No one is allowed in the pool or pool area unless a City of Winston-Salem lifeguard is on duty. Lifeguards have final authority to enforce all rules of the pool. For safety reasons, conversations with lifeguards who are actively watching the swimming pools must be kept brief.

- Please walk at all times when on the pool deck. For safety reasons, running is strictly prohibited.
- Horseplay and foul language are not permitted in the pool area.
- No diving allowed in areas of the pools less than 5 feet deep or in pools not approved for diving.
- Infants and toddlers must wear appropriate swim diapers in pool areas.
- Breath holding is not allowed.
- Food and drink must be kept at least four feet from the pool (preferably in the concessions area).
- Gum, glass containers, and potentially dangerous objects are not allowed in the pool area.
- Alcoholic beverages, drugs, gambling, and tobacco are not allowed in the pool area.
- No water guns, squirt toys, inflatables, floats, noodles, infant riders, water wings, etc. are allowed in the pool area.
- No animals or pets allowed in the pool or on the deck.
- Swimmers must shower before entering the water.
- All Band-Aids must be removed and discarded prior to swimming.
- No person with skin, eye, ear, or nasal infections allowed in the pool.
- No person with communicable diseases allowed in the pool.
- Lap swimmers should circle swim during high usage times.
- The City of Winston-Salem assumes no responsibility for accidents, injuries, or loss, theft or damage of personal items.