

The Essential Oils Club

**First Thursdays
Every Month
7:00 PM**



**SOUTH FORK
COMMUNITY CENTER**
4403 Country Club Road
Winston-Salem, NC 27104
336-659-4305
elainew@cityofws.org

**Join us for a free monthly meeting to discover more
about the endless benefits of using Essential Oils!**

Essential oils are promoters of physical, mental, and emotional health giving us the opportunity to discover natural self-care.

Peppermint eases lingering headaches. Lavender encourages relaxation after a busy day. Basil helps with digestion and pain.

Please contact us for more information!



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